



Healthy Minds. Healthy Lives. Healthy Communities.

2022 Annual Report



13 Counties Proud !

**Finney ~ Kearny ~ Hamilton ~ Ford Gray ~
Hodgeman ~ Grant ~ Stanton Morton ~ Scott~
Lane ~ Wichita ~ Greeley**

Mission:

Compass Behavioral Health provides quality and professional services to help people achieve optimal social and emotional well-being.

Compassion ~ Accessibility ~ Responsibility ~ Excellence

2022 was an exciting year for Compass and the people we serve with the implementation and growth of new services:

- ❖ 988 National Suicide Hotline
- ❖ Care Coordination for all Clients regardless of payor source and of no charge to the client (1,838 Services; 1,649 Outreach/Outreach Attempts)
- ❖ Training our Therapists on Accelerated Resolution Therapy to help people recover from past trauma
- ❖ Assertive Community Treatment Team
- ❖ Assisted Outpatient Treatment Team
- ❖ Growth of our Children's Crisis House (Haven House) with purchase and remodel of a new building & partnership with KDADS to provide respite services to children in foster care with the hope of preventing disruptive placements and supporting foster parents.

Compass prides itself on taking care of our communities in the present and always looking toward future growth and expanded services. 2023 and beyond will bring Community Listening Tours where we continue this journey of expansion based on feedback from our communities.

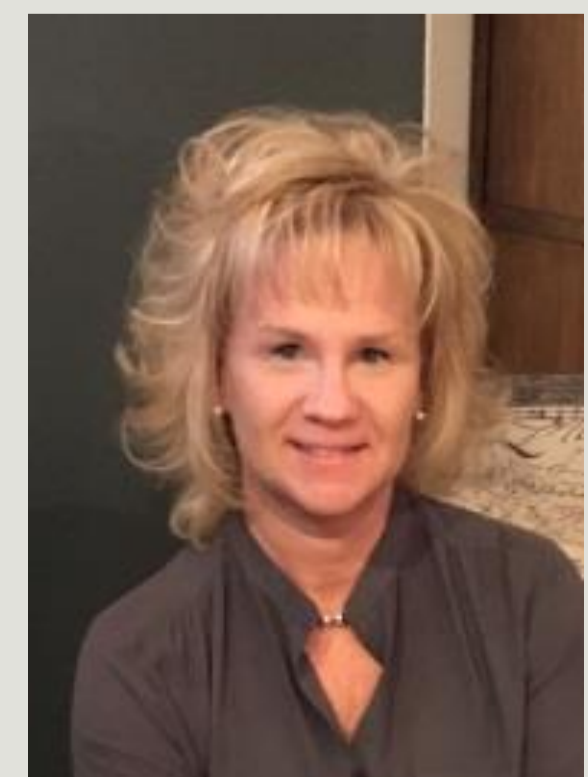
Our commitment to being a quality behavioral health provider will guide us toward becoming a Certified Community Behavioral Health Clinic and this will open new doors to services, quality measures, increased training and competence for our staff, and better outcomes for the people we serve. We will expand even further from our four walls and strive to go to the people who may not come directly to us.

As always, it is my pleasure to serve as Executive Director of Compass and lead a culture of hope and healing for those in need.



Healthy Minds. Healthy Lives. Healthy Communities.

Lisa Southern, LMLP, LCP
Executive Director



Compass 2022

Total # of Clients Served 5,235

**Male
2,517**

**Female
2,718**

**Transgender
10**

Non-Hispanic ~ 71%

**Age <18
34%**

Hispanic ~ 29%

**Age 18-64
60%**

**Age >65
6%**

**1539 Crisis Services
81% Diverted from a Psychiatric
Hospitalization and kept in
community care**

**771
Kids/
Teens**

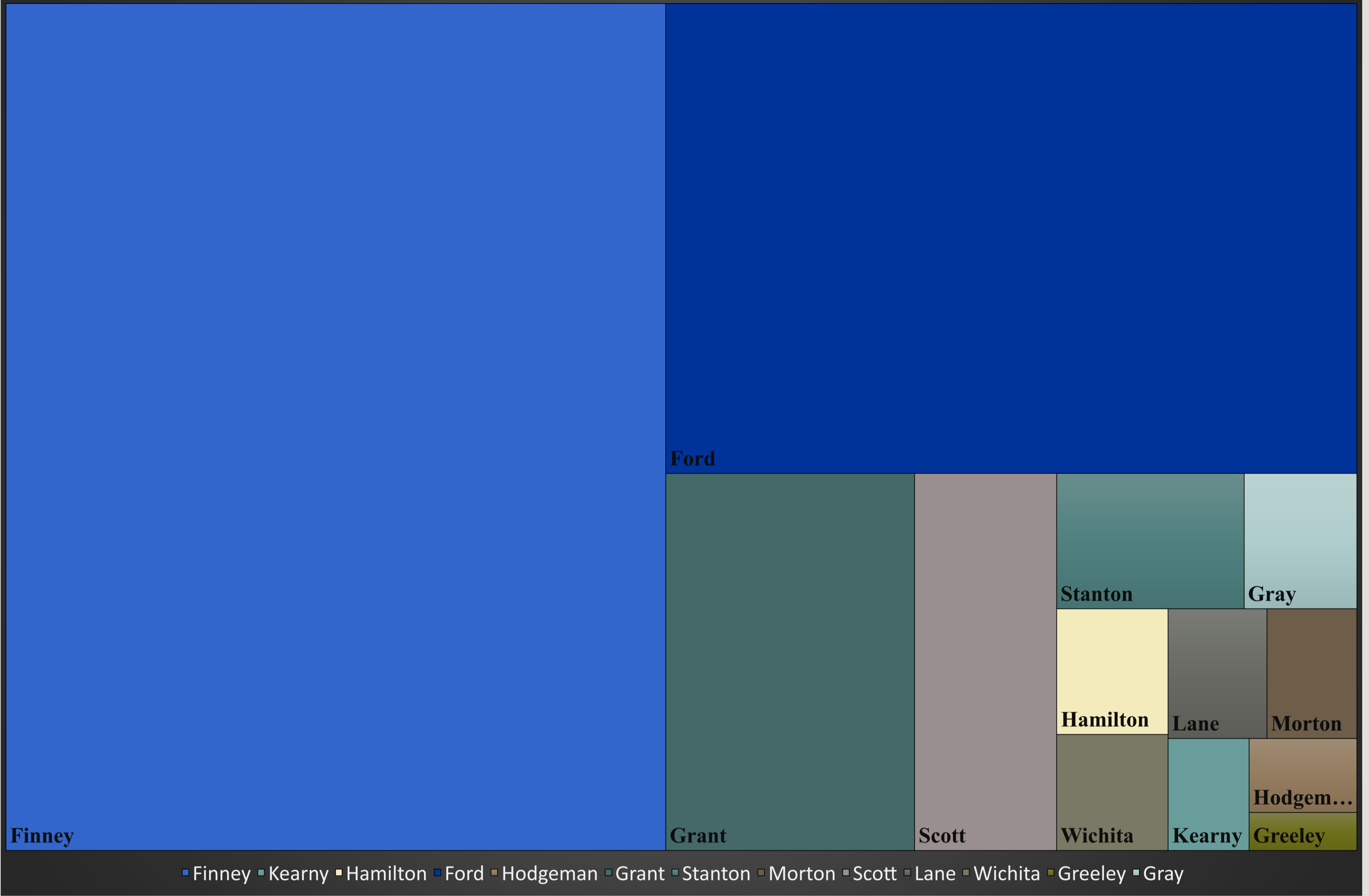
**768
Adults**

**2022 Annual Budget:
\$ 14.9 Million**

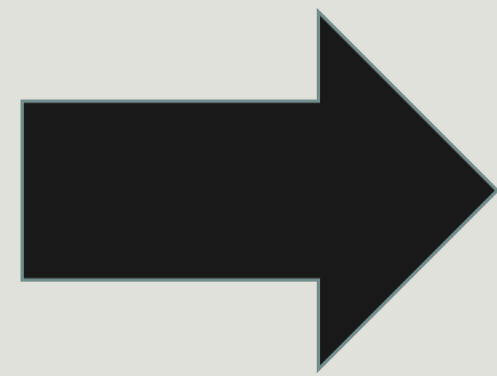
205 Employees

**2022 Charity Write Off:
\$ 282,993**

Services by County



Total # Services
114,163

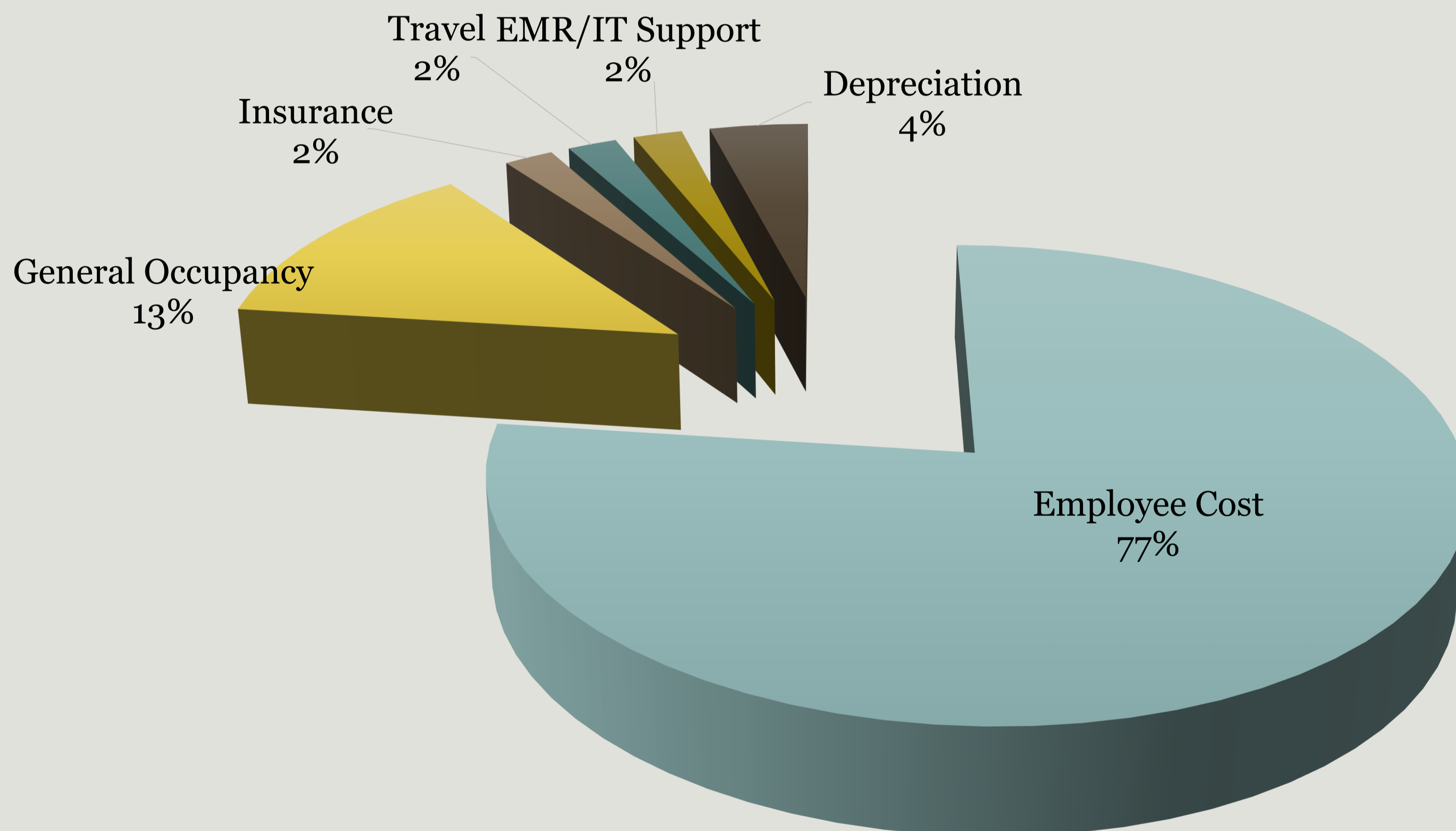
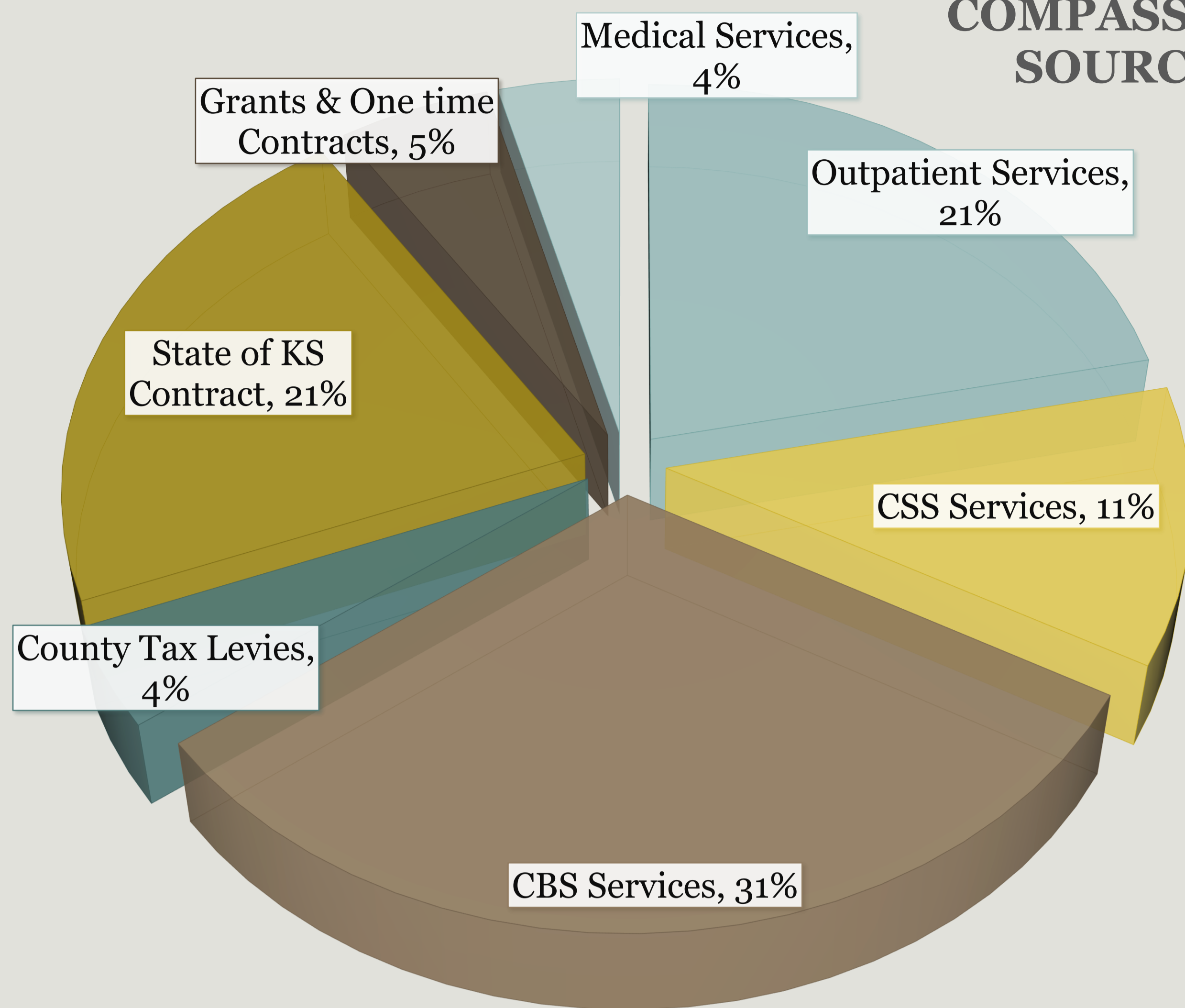


Telemedicine/Zoom
Services
4,354
(3.8%)

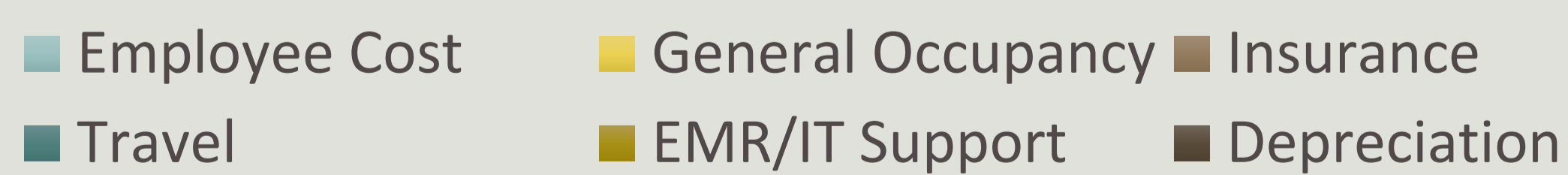


Compass does continue to offer and provide Zoom services and as we have found over the past couple of years, the overwhelming majority of our clients prefer Live Sessions.

COMPASS REVENUE SOURCES 2022



Compass Expenses 2022



Every Day at Compass ~ Stories of Inspiration

Family Therapy at Its Best

Compass has been working with a family in which 2 children were removed from the home and placed in a foster home near Wichita. The children were removed due to Hoarding issues and the home being deemed “unlivable” for children. They return to Western Kansas monthly for Family Therapy. The foster care Agency, St. Francis arranges the transport. On this particular visit, the children were driven to our office and mom, who lives local, did not show for the Family Session. Rather than call the session awash, the Therapist loaded up the 2 children and moved the session to mom’s residence. These children look forward to their visits and had we not moved outside our office building, this would have been a huge letdown to them and further impacted attaining goals for these children to go home. It was also enlightening for our Therapist to see the home determined to be “unlivable” and see any progress made by mom to turn this around. After the session, we fed them lunch so they would be ready to head back to the Wichita area.

Let’s Talk about Jennifer

Jennifer started services at Compass as a teen who was engaging in very self-destructive behavior, namely cutting on herself.

Jennifer engaged in Dialectical Behavioral Therapy with her parents and our DBT Team, over time, the destructive behaviors were controlled.

As a young adult, Jennifer received some services from our adult CSS program. She engaged in Case Management and Medication services.

Jennifer also engaged in Supported Employment services and secured a job in our community and over time, has advanced to a Management position within that Company. Jennifer is now looking forward to starting her family life with her wonderfully supportive fiancé.



Greg’s Story

Greg is not from Western Kansas and after his experience with our services, discussed relocating to Western Kansas. His wife remarked as well that what we do here, in terms of services, is not what they have in the State in which they reside.

Greg was driving through Kansas and was pulled over for erratic driving. Law Enforcement could easily see Greg was not emotionally stable, seemingly manic, and called Compass requesting an evaluation. LE transported him to our office.

Greg was not agreeable to treatment initially and it was deemed unsafe to let him leave our community. His wife would not come and get him as she felt he was unsafe to bring home. The search for hospitalization began and is limited when someone is going to be involuntarily placed in a treatment facility. Larned State Hospital had a week plus waiting list. Keeping him in the ER or at the LEC for this amount of time was not realistic and we quickly saw that this would likely add to his instability. A decision was made to split his care between placements and ultimately he spent his last few days in Kansas, until a bed opened at LSH, in our mental health center with 24/7 staff coverage, at times, 2-3 staff with him. Greg had no funding that covered this expense.

Our partners were great with helping us help him. His dog was placed in (pet) “foster care.” Law Enforcement Officers would stop by Compass several times a day to ensure everyone was safe and that Greg was not trying to elope. At times, LE would take Greg to see his dog which helped to relieve any anxiety on his part that his dog was safe. We had an instance where Greg needed an injection to stabilize his mood and the ER agreed to let us bring him in for the injection and then he returned to our office. Greg is on Disability and had some funds with him. Most of time he played video games in our office and ordered in take out food.

While waiting for a bed at LSH, our Care Coordinators did engage multiple times with the VA in his home State as Greg is a Veteran. Efforts were being made for Kansas to take him in as a “courtesy” patient. However, the VA psychiatric unit was full as well and the obstacle remained on getting him admission as an “involuntary patient.” Ultimately Greg was placed at LSH, stabilized and sent back to his family.

Greg and his family were very appreciative of the extensive and compassionate care he received from Compass and all other Agencies involved in helping him get the help he so needed.

New Programming in Dodge City, Ford County, demonstrating positive outcomes. We are piloting programs in this region with the potential to expand based on success, expanded funding and determined needs in all of our communities.



ACT Team (Assertive Community Treatment) Team

Enhanced delivery of care with a Team of Compass professionals who meet together daily, if necessary to strategize needs of clients engaged in this program. These clients are a high risk for traditional outpatient tx failure and recurring hospitalizations.

Meet Jim ~

Jim was moved to Dodge City (from another of our Compass communities) due to his frequent inpatient psychiatric admissions, recurring suicidal ideation, and legal challenges. He agreed to move to Dodge City so he could start over in a new community.

Jim is now actively engaged in case management services, peer support and drug and alcohol treatment. The ACT Team was able to support him through his prior legal charges and get them reduced due to his treatment compliance and signs of stability. Since moving to Dodge City and participating in ACT, he has not been re-admitted to LSH or had any negative interactions with Law Enforcement. In January 2023 ACT staff helped him secure an apartment and with the help of community partners, get him some furniture.

AOT (Assisted Outpatient Treatment)

AOT is the practice of providing community based mental health treatment under civil court commitment as a means of motivating individuals with mental health and substance abuse issues to remain compliant with treatment to reduce State Hospital admissions and recidivism in local Jails. Compass and the Law Enforcement agencies in Ford County work together on referrals to the program. Jail hearings are held at the Compass site, not in a courtroom to really emphasize the Team approach to treatment.

Lives engaged: 120 through outreach
1 AOT proper client

Client Success Stories since engaging with our AOT Team

- Bill, former drug dealer – no drug dealing, no drug use, gainfully employed, living independently
- Jennifer, Alcoholic with now 10-months sobriety, gainfully employed, children have been allowed to live with her again
- Sue, Sex Trafficking survivor, sober from Meth addiction, going to outreach school full time at a Kansas University
- Tom, former drug dealer – no drug dealing, drug sobriety for one year, gainfully employed, reconnected with adult child and other family members, taken on Leadership responsibilities with a local organization promoting sobriety

Care Coordination with Compass

Derek lives in one of our smaller communities and was refusing Compass services, refusing a referral to any other resource for mental health services. Our CCBHC Program Manager, Roger and one of our Care Coordinators, Chelsea traveled to his home to meet with him. About one month after this visit, he agreed to see one of our medical providers. Our APRN, Jeremy completed paperwork to refer him to our Community Supports Program so Derek could have a Case Manager who could go to him, versus Derek come to us. Derek was intermittently seen in crisis due to his drinking in excess resulting in suicidal ideation. He was involuntarily placed at LSH a couple of times. We finally got Derek to fully engage with us. We arranged for a local transportation bus to bring him to our office for his medication appointments.

Flash forward a few months....

Derek is on a court order to continue services and is fully compliant with the court order. He is seeing his Compass staff regularly, is taking his medication as prescribed, has agreed to start therapy and has been sober for 3 months !!

Haven House Expansion

Compass entered into an Agreement with KDADS to extend our reach of services. This allows us to serve unfunded children and foster care children in our respite and crisis services at Haven House. **This is Jessica's story.**

Jessica is a teen who struggles with mental health and developmental disability issues. Jessica's family works hard to provide natural supports to her and her mom and there are times they are just not available to help as much as they would like. Jessica often experiences what some might term minor crisis situations and yet her mom would rarely reach out to our Crisis Team instead choosing to manage on her own. Jessica is not eligible for respite due to the Waiver she is on for services (developmental disability). With this new funding this service opened for Jessica and this provides a wonderful break for both Jessica and her family. The icing on the cake is that Jessica is no longer on a PRTF Waiting list. We have all worked together to keep her treatment at home.

Thank you KDADS for seeing our vision and making it a reality.

First Responder Appreciation

In 2019, Compass created a Policy in recognition of the service of First Responders in our 13 Counties. First Responders (Dispatchers, Law Enforcement Officers, Emergency Management Services and Fire Fighters) may receive 5 free therapy sessions a year.

We know firsthand that their assistance, in whatever capacity is life saving. Furthermore, as a Trauma-Informed Agency, we know that First Responders deal with extraordinary circumstances on a regular basis and are subject to traumatic experiences that may have both and immediate and lasting effects. These men and women serve in a very honorable profession.



Compass Plans/Goals 2023



CCBHC Bound

**The Possibilities are endless.
The change will not happen overnight and yet it will happen.**

**Expanded Workforce (60+ new positions to add)
Expanded Service Array
Expanded Partnerships with Community Agencies**

More Lives Saved!



Healthy Minds. Healthy Lives. Healthy Communities.

Management Team

Lisa Southern
Executive Director

Jamie Warren
Director of Finance

Marla Lira
Community Based Services Director

Khristy Guebara
Community Support Services Director

Fernando Rodriguez
Region I Director

Vicki Broz
Region II Director

Brooke Cooper
Region III Director

Max Meschberger
Region IV Director



Board of Directors

"Thank You for Your Support & Service"

Region I

Finney County

Gerry Schultz (vacancy)

Kearny County

Rosemary Bachman & Sheriff Dave Horner

Hamilton County

(vacancy), (vacancy)

Region II

Ford County

Van Hampton (Chairperson) & Sheriff Bill Carr

Gray County

Mark Busch & Todd Ridge, APRN

Hodgeman County

Dorothy Ziesch & Shari Housman

Region III

Grant County

Jerry Jo Deckert & Sheriff James Biddle

Stanton County

(vacancy), (vacancy)

Morton County

(vacancy), (vacancy)

Region IV

Scott County

Carol Trout & Darci Berry

Lane County

Louise Ehmke & Arlene Doll

Greeley County

Judge Wade Dixon and Jesse Cagle

Wichita County

Shelly Graff & Hannah Nicholson

Members at Large

Stephanie Keller & Clara Walker